



**RED
DIAMOND**
COFFEE & TEA



FoodPRO
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Peanut Butter Espresso Smoothie

INGREDIENTS

- 1 frozen banana
- ¼ cup natural peanut butter
- ½ cup Vanilla Greek yogurt
- 2 pitted dates
- 1 tablespoon honey or maple syrup
- ½ cup ice

Double shot espresso using Red Diamond Italian Roast

Preparation

- Blend all ingredients together in a high powered blender until smooth.
- Pour into a glass and drizzle with peanut butter before
- serving.